



BEFORE CARE *Eyebrows & Eyeliner*

Do not work out the day of the procedure.
 Do not tan or have sunburned face.
 Do not take Aspirin, Niacin, Vitamin E, Fish Oil or IBUprofen 24 hours before procedure.
 No alcohol or caffeine 2 days before the procedure.
 No waxing or tinting 3 days before the procedure.
 Please note that you will be more sensitive during your menstrual cycle.
 No tweezing/ waxing at least 48 hours before procedure; electrolysis no less than five days before. Do not resume any method of hair removal for at least two weeks.
 Eyelash or eyebrow tinting or eyelash curling should be done no sooner than 48 hours before, or two weeks after the procedure.
 Do not wear contact lenses during or immediately following the eyeliner procedure. Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes return to their pre-tattooed condition.

AFTER CARE *Eyebrows & Eyeliner*

NO water, cleansers, creams, makeup or any other products on treated area for 7-10 days until all flaking has come off!
 DO NOT rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring.
 Avoid direct sun exposure or tanning for 3-4 weeks after procedure.
 Avoid heavy sweating for the first 10 days.
 NO facials, botox, chemical treatments and microdermabrasion for 4 weeks.
 Avoid sleeping on your face for the first 7-10 days until they have completely exfoliated. Eyeliner is faster to heal then eyebrows.
 Longterm care
 Use a good sunscreen, sun exposure will fade your permanent cosmetics
 If you are planning a chemical peel, laser procedure or an MRI scan, please inform the technician of your permanent cosmetics
 The use of RetinA/Tretinoin or any other rapid skin exfoliation products used regularly on the forehead area will cause the permanent makeup to the eyebrow area to fade prematurely.
 The use of chemical peels and acid peels regularly on the forehead region can also cause eyebrow tattoos to fade prematurely.
 Additional Information
 Antacids, thyroid and anxiety medications have been reported as interfering with permanent makeup either by affecting retention or shifting the pigment to an undesirable tone. Remember, everything we eat and drink have their own chemical structure and the electron ends that are unattached or free, may get attached to others compounds inside the body forming a new molecule that may show a different color spectrum. With that info, an educated client may have better expectation and know that she / he may need more frequent adjustments than others.
 As the area around the eye is a sensitive swelling or reddening may occur; you may want to postpone social plans for a few days. Please avoid these procedures at least a months prior to important life events such as weddings; procedures may take longer than expected to be complete under some circumstances.

The better condition your skin is in, the better the final result will be. Mature clients may need an additional one to two weeks healing for the final results to appear. The better you take care of your skin and protect it from UV rays, the better the outcome and lifespan of the permanent cosmetic procedures.

Approximate Daily Healing Schedule for Permanent Cosmetics

Eyebrows

Days 1-2 Your brows are approximately 20-40% darker, bolder and more solid than your healed result. Under the pigment, the skin is red and pigment has been deposited into the layer of skin containing dead skin cells; combined giving the appearance of darker color. There may be minimal swelling but because typically the eyebrow area does not retain much fluid, swelling will be limited. The top layers of skin will begin to shed on about day 3-5, and you will see a loss of color. This is normal. Do not scratch/ pick!
 Day 3 Your eyebrows may begin to itch and the pigment may appear somewhat raised. Do not scratch/ pick!
 Days 4-6 The skin is now rapidly exfoliating and will shed evenly if left alone. The color under the exfoliating skin will continue to appear light until the epidermis takes on its more transparent characteristics.
 Days 30-40 Now is the time to critique your brows, the tattoo has now become part of the dermis, seen under the epidermis.

Eyeliner

Day 1 You may experience slightly puffy to swollen eyes, heavy lids, light sensitivity and bloodshot pupils. You eyes may feel more swollen than they appear. Please try to sleep in an elevated position to help reduce swelling at night. You may not want to use your best pillowcase the first two nights.
 Day 2 Eyes will be swollen and perhaps 'crusty' upon waking. The swelling will disappear from being in an upright position and increasing circulation to the area. Avoid heavy lifting, physical exertion and crying.
 Day 3 Eyes will be less swollen, but still tight. The lash area will feel sore if touched.
 Day 4 Pigment within the epidermis will begin to flake off in little stitch looking lines, although some people do not notice the exfoliation at all. Do not scratch/ pick!
 Days 5-6 Blinking helps to eliminate the small pieces of pigment and epidermis which has detached. Do not scratch/ pick!
 Day 7 All shedding should be complete. You're safe to put your face back in the shower spray.

Permanent Makeup
 NOT recommended
 for any clients
 who are or have:

Pregnant or nursing
 Diabetic or Had Organ Transplant
 Chemotherapy (consult your doctor)
 Viral infections and/or diseases
 Pacemaker or major heart problems

Epilepsy
 Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)
 Sick (cold, flu, etc.)
 Botox in the past 2 weeks